



# ATRA ON THE TRAIL

## January 2017 Newsletter

### Inside this issue:

Upcoming Events	1-2
Past Events	2
Clinics	3-6
Reports	7-8
Classifieds	9
Events List	10

ATRA was established in 1973 for people interested in recreational riding & driving.

### 2016 Club Executive

**President:** Shirley McFall  
**Past Pres:** James King  
**Vice-Pres:** Maggie Portas  
**Secretary:** Allison Downer  
**Treasurer:** Cindy Hanas  
**Membership:** Cindy Hanas  
**Directors:** Marjorie Phillips, Vicki Lawrence, Tracy Campbell, Regina Landeck, Murray Few, Doug King, Cam Stevenson  
**\*Webmaster:** Erin King  
**Newsletter:** Lisa Harrison  
 Contact to run an advertisement or send an article to be considered:  
[lisa\\_f@mailcan.com](mailto:lisa_f@mailcan.com) 780-237-7587

ATRA is a non-profit family oriented organization that encompasses a variety of equestrian activities that promote safe horsemanship, ongoing education and responsible use, maintenance and development of trails.

### AGM Thursday January 19 at 7pm Edmonton

The Annual General Meeting is Jan. 19, 2017 at Kirk United Church. The usual program and financial reports will be presented, as well as 2017 clinics registrations, and elections. Socializing and refreshments will also be provided. This year's entertainment will be a movie of last year's events Regina made. The YouTube link to the 2016 ATRA movie is: <https://youtu.be/0ixS4J0yGNs>

### ATRA Family Hay Ride on Monday, Feb 20 at 2pm at

Birch Bay Ranch, 51505 Rge Rd 215, Sherwood Park. Dress warm. We'll have a fire, cocoa and marshmallows. Please sign up at a meeting or let Lisa know by Feb 16 if you plan to attend so we know if we need 1 or 2 rides. 780-237-7587 or [lisa\\_f@mailcan.com](mailto:lisa_f@mailcan.com)



ATRA meets at 7pm the 3<sup>rd</sup> Thursday of the month Jan-Apr & Sept-Nov

upstairs at Kirk United Church, 13535-122 Avenue, Edmonton.

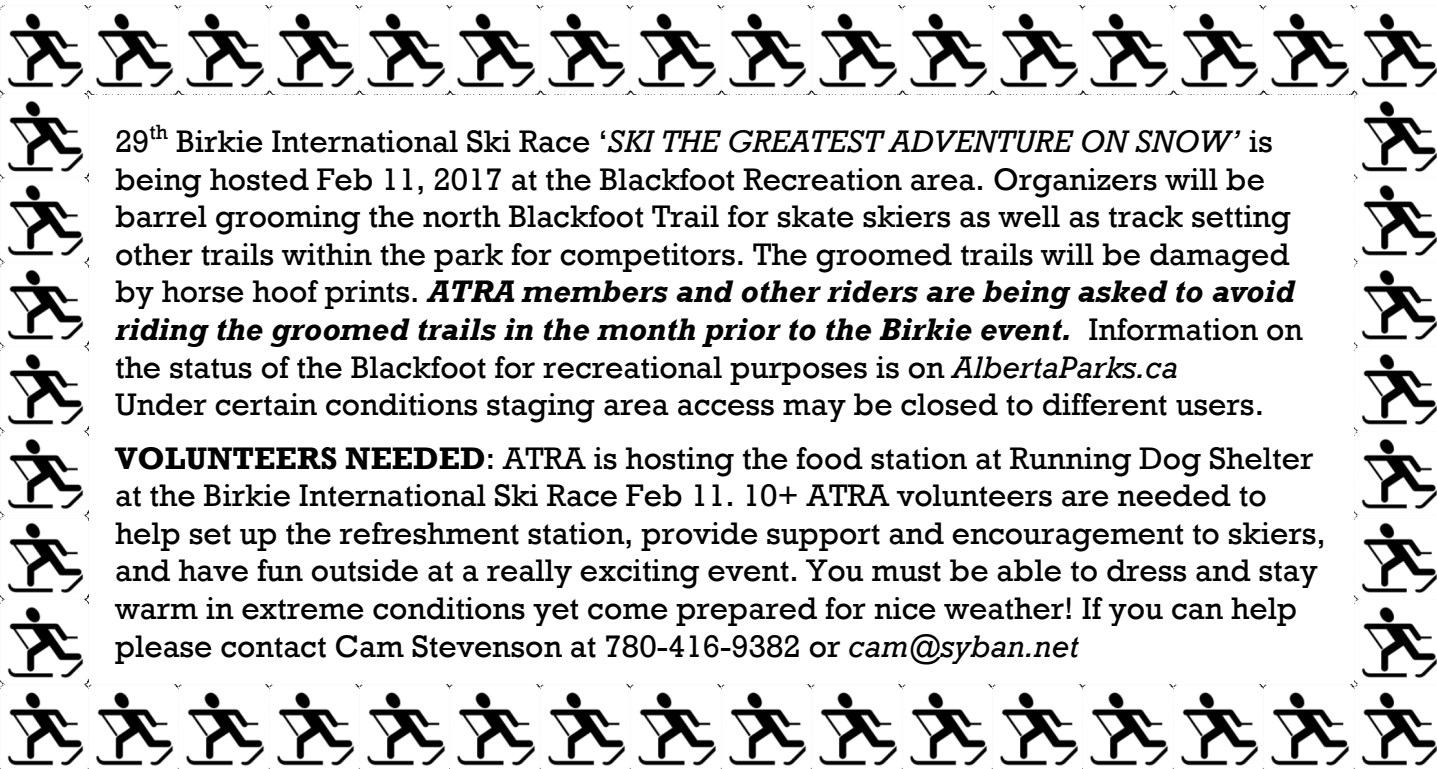
Visitors are welcome at any meeting. Website: [www.atra.ca](http://www.atra.ca)

Membership for the calendar year is \$20 single, \$35 family.

Riding members must have current ATRA and AEF memberships.

## Upcoming Events

**35th Anniversary Alberta Horse Conference, Jan. 13-15, 2017** has moved to Sherwood Park. Registration is \$100 in advance. [www.albertahorseindustry.ca](http://www.albertahorseindustry.ca)  
ATRA is the Friday evening major sponsor and will also have an information booth.



29<sup>th</sup> Birkie International Ski Race 'SKI THE GREATEST ADVENTURE ON SNOW' is being hosted Feb 11, 2017 at the Blackfoot Recreation area. Organizers will be barrel grooming the north Blackfoot Trail for skate skiers as well as track setting other trails within the park for competitors. The groomed trails will be damaged by horse hoof prints. **ATRA members and other riders are being asked to avoid riding the groomed trails in the month prior to the Birkie event.** Information on the status of the Blackfoot for recreational purposes is on [AlbertaParks.ca](http://AlbertaParks.ca)  
Under certain conditions staging area access may be closed to different users.

**VOLUNTEERS NEEDED:** ATRA is hosting the food station at Running Dog Shelter at the Birkie International Ski Race Feb 11. 10+ ATRA volunteers are needed to help set up the refreshment station, provide support and encouragement to skiers, and have fun outside at a really exciting event. You must be able to dress and stay warm in extreme conditions yet come prepared for nice weather! If you can help please contact Cam Stevenson at 780-416-9382 or [cam@syban.net](mailto:cam@syban.net)

## Past Events

**Dec 10 ATRA Christmas Celebration.** 50 members enjoyed a catered turkey dinner and we were entertained by singer, Donna Lee Random.

**Nov 17 ATRA Meeting** about 50 members learned how to use their cameras to take great Horse Pictures from Photographer Linda Finstad.

**Nov 20 ATRA Trail Ride at Blackfoot: Central Staging Area.** A few members braved the sub 0 weather on frozen lumpy trails.

\*A new Waskahegan bypass trail opened in early December

\*\*If you are riding in the Blackfoot and notice something that needs maintenance, please email Cam Stevenson at: [cam@syban.net](mailto:cam@syban.net) with description of what and where and he will communicate with the staff and volunteers there.



## Clinics 2017

**Leather Tooling Workshop Saturday January 28 by Miriam James, owner of James Built Saddlery in Tofield**, behind the Tempo gas station just off Hwy 14. Max 10 participants, min 4. Learn the basics of tooling and working with leather. Course includes 6 hours of instruction and a beginner stamping kit with 4 projects, tools, thread, etc. necessary to complete the projects. Bring your own lunch or money for takeout food. Cost: \$150. Registration deadline is January 5. Contact: Shirley McFall, 780-662-4747, [shimcf@mcsnet.ca](mailto:shimcf@mcsnet.ca)

**GPS/Mapping Clinics** for Beginners and those already using them. Dates/costs and details will be at the AGM and in the February Newsletter. Looking at March hopefully.

**Katelyn Carter Bomb Proofing/Liberty Half Day Clinics Friday, March 24 or Sunday 26 9am-1pm.** Max 4 participants for each day—please note on registration which day your prefer. Groundwork only, so bring horse, halter and lead. Cost \$100. Registration deadline is Feb 24.

**Katelyn Carter Horsemanship Spring Tune-up 4 week lesson series Wednesdays 12-2pm April 12, 26, May 10 & 24.** Designed for everyone to get their horse in shape for the season. Riders may go Western or English. Cost is \$140. Registration deadline is March 12.



**About the Clinician:** Katelyn Carter is a horsewoman who has spent her life figuring out why horses do what they do, why they react the way they react, and how to communicate in a way they understand easily. Her primary focus is Western disciplines and Trail, but Katelyn has experience and great success in everything from cowboy challenges to dressage and jumping. Katelyn's methods are a unique mixture of natural horsemanship, added to the essentials needed to create a well-rounded show or pleasure horse.

**Beginner Jumping 10:30am-12pm and Intermediate Jumping 12:30pm-2pm Sunday, Apr 9 with Lisa Harrison.** The beginner group is for members who have little or no jumping experience who want to be able to jump a log on the trail or just try something different with their horse. For the intermediate jumping, riders must ride in an English saddle and be comfortable cantering. Lesson horses and saddles are available for lease for this clinic. Max 8/group. Riders may sign up for 1 or both of these sessions. Cost \$30/session. Registration deadline March 9.

Contact: Lisa Harrison 780-237-7587 or [lisa\\_f@mailcan.com](mailto:lisa_f@mailcan.com). Paints-Plus Equine Center: 22441 Hwy 14, Sherwood Park. 2.5km east of Hwy 21 on Hwy 14 (South Side) [www.paints-plus.com](http://www.paints-plus.com).





## Clinics 2017

**Greg Czech Spring Tune-up 4 week lesson series Wednesdays 7-9pm Apr 5, 12, 19 & May 6** at Thorsby Haymaker Arena, take Highway 39 to Thorsby and on the south side of town. (there is one Tuesday that the rodeo takes over the arena) Max. 8 participants. Designed for everyone to get their horse in shape for the season. Cost is \$140. Registration deadline is March 5. Contact: Cindy Hanas 780-962-2690, 587-986-1535 [chanas@finning.com](mailto:chanas@finning.com)



**Greg Czech Training 4 lesson series Tuesdays April 25, May 2, 9 & 16 7-9pm** at Sturgeon Agriplex Indoor Arena, 2501-Twp Rd 554 (south of Morinville at Cardiff), max 8 participants. This series is for anyone interested in improving their abilities in handling & riding their horse. Cost: \$150. Registration deadline March 22. Contact: Sharon Breitkreuz 780-472-6212 [rafterbk@telus.net](mailto:rafterbk@telus.net).

**Spring Tune Up Clinic with Greg Czech Saturday, April 22 9am-4pm**, max 10 riders, BYO lunch. Cost: \$100 Reg. deadline March 22. Contact: Sharon 780-472-6212 [rafterbk@telus.net](mailto:rafterbk@telus.net).

**Lavern Schmidt Two Day Horsemanship/Trail Skills Clinic May 4/5 or 6/7** at Sunwest Equine Services, near Onoway. Campfire and potluck supper Thursday or Saturday night. Overnight camping/pens are available Thurs/Saturday nights. They also have some other accommodations if you contact them. You may also haul in each day. Cost is \$120/rider and includes lunch and snacks each day. Registration deadline is April 4. Directions and more information: [www.sunwestequine.com](http://www.sunwestequine.com).

**About the Clinician:** Lavern Schmidt has been training horses and coaching students for over 40 years. He is an Equine Canada Level Two Western Coach. He conducts numerous clinics each year in Canada and also the US. His students have competed locally, nationally and internationally in various Western Events. Lavern has competed successfully at the Local, Western Canadian, National and International Levels in Trail, Reining, Western Pleasure and Reined Cow Horse. Lavern judges all disciplines at Local and Class A shows as well as Reining Alberta, and the ACTHA Trail events in Canada and the US. Lavern has served on the board of a number of Equestrian organizations over the years and is currently the Circuit Director of the North Country Circuit and President of the All-Breed Competitive Trail Horse Activities, ACTHA.



## Clinics 2017

**Parade Readiness Clinic & Costume Allocation on Saturday May 27 1pm** at Vicki & Dave Lawrence's outdoor arena at 51238 Range Rd 221, Sherwood Park. From Hwy 14, turn south on RR 221. This acreage is the second property on the west side. We also ride across the hwy and tour the village of South Cooking Lake for 'experiences'. If bad weather, an alternate date will be picked. Proposed parades: Ardrossan - Sat June 17, Morinville - Sat June 24, Sherwood Park - Sat July 1, Edmonton K Days - Fri July 21. For people committed to riding in at least 1 parade, with very calm, dependable horses (able to handle flapping flags, crowds with their noises and movements, balloons, bicycles, barking dogs, general commotion). No cost. Registration deadline May 1. Contact: Vicki Lawrence 780-922-2227 or [vickilawrence@interbaun.com](mailto:vickilawrence@interbaun.com)



**1 Day Obstacle Event training Saturday June 24 or Sunday June 25, 9 – 4pm** — Courier Park Equine Centre, 21569 Wye Rd (Sec. 630), just east of Laughing Llama on the south side of Wye Rd. Clinic is for every horse and rider, to teach your horse how to confidently deal with many common trail and riding obstacles (max. 20 participants each day). Cost \$60 includes wiener roast at end of clinic. Registration deadline April 30. Contact: Doug King, 780-922-3812, [king519@telus.net](mailto:king519@telus.net)



**Square Dancing on Horseback 3 week series with Murray Few Wednesday June 7, 14, 21 6:30-8:30pm** at the Riddell Arena, 22224 Twp Rd 510 Sherwood Park. This event is for those who would like a new challenge to enhance their riding experience. You and your horse must be able to turn, accelerate and stop quickly when cued. Also you must be able to ride with others in a co-ordinated way. Cost \$70. Minimum/maximum 8 participants. Registration deadline May 7. Contact: Murray Few 780-434-2000 or [mbfew@planet.eon.net](mailto:mbfew@planet.eon.net)





## Clinics 2017

*The January 19 AGM will be the first opportunity to register for 2017 ATRA Clinics so remember your cheque book. If you can't attend, make sure to get your registration forms and cheque to Cindy prior as many clinics fill up at the AGM. Clinic spots will not be held without payment and current ATRA/AEF memberships so make sure these are done ahead. Any overprescribed clinics as of Jan 19 will have draws if additional clinics cannot be added, but after that date will be first come, first served until filled.*

# ATRA 2017 Clinic Registration Form

Name of Clinic: \_\_\_\_\_

Location of Clinic: \_\_\_\_\_

Date of Clinic: \_\_\_\_\_ Registration Fee: \_\_\_\_\_

Name of Participant: \_\_\_\_\_ AEF # \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Your registration is not confirmed until your payment has cleared and both AEF and ATRA membership have been verified. No post-date cheques or spots held without full payment. No refunds after registration deadline unless a vacancy can be filled. We appreciate horses attending are healthy and up to date worming, shots and farrier. Please withdraw if your horse is sick or has been in contact with sick horses within 3 week prior to clinic. Waivers required at most facilities.

*\*spectators are allowed to attend any of these clinics at no charge and no food is provided at any of these clinics, except hot dog potluck at obstacle clinic at Courier Park*

*\*\*unless otherwise noted, any clinic not 80% filled by deadline will be cancelled.*

**To register for any 2017 clinic, send payment and form to Cindy Hanas, 25 Linden Street South , Spruce Grove, AB, T7X 2G6**

## Reports

### ATRA'S HUMMINGBIRD – ALLENBY TRAIL CLEAN-UP JUNE 19-24, 2016

Six members of ATRA plus one guest participated in the trail cleanup and maintenance of the Hummingbird Equestrian Area. Our project included cleanup of the Allenby trail. The following is what we found.

The trails were mostly clean (picked up one beer can and a few small items). Back at the camping area, people are making furniture and nailing it to trees. We found a bar set-up, complete with a bench to sit on. Also, there was a quite a bit of new damage to the trees due to tying horses. We did observe people hauling manure to the manure pit, but there are still a few who leave their manure behind. There was not as much manure as last year, but our clean-up was in September so there was more time to accumulate. In addition, there was a lot of stuff in the fire pits that should not have been there. eg, batteries, unburned garbage, etc. submitted by Candace Boger.





## ATRA Collaborative Efforts

**Friends of the Eastern Slopes 23rd Annual General Meeting and Banquet** Saturday February 25, 2017 at the ROYAL CANADIAN LEGION, Innisfail, AGM at 1pm, Cocktails at 5pm, Dinner at 6pm, Silent Auction, Raffles and Dance to follow, Entertainment provided by the Tracy Millar Band. Main Prizes: Cabela's Outfitter Tent - \$1000, Jewelry Package - \$500, Handmade Quilt by Barb Few - Priceless, Pack Stove - \$550. Tickets: Members \$25, non-members \$35, 12 & under \$10. For tickets please contact Murray Few 780-434-2000. Keep in mind that this event fills up fast and ticket numbers are limited. To ensure you get a spot we suggest booking ahead.

**ATRA will be purchasing a commemorative table honoring Past President, Don Scott** for installation at Eagle Lake Campground at the YaHa Tinda. We are pleased to be working collaboratively with the FOESA to secure and install the permanent concrete table. The Alberta Equestrian Federation (AEF) was approached to assist with funding of this table as Don Scott was on the AEF board for many years. The funding donors (AEF and ATRA) will be recognized on the table as well. FOESA has a major work bee the end of May and ATRA members will be helping with the table installation.

**ATRA will be assisting with another FOESA fund raising event, August 12.** The annual poker rally and barbeque is at the end of ATRA's YaHaTinda week ride Aug. 5-13. Some of our members will be assisting with and riding in this event.

### **Trail Development projects being done in consultation with the Alberta government**

ATRA is planning several rides this summer with a focus on trail development and improvement. We will be doing a campsite and Allenby Trail clean up at the Hummingbird Equestrian area in June. This will be our 14th year assisting the FOESA with additional garbage clean up of sites, fire pits and trails. We also assist with hand removal of leftover manure and dispose of it at the manure site. And, there is usually some removal of man-made camping structures like potties, bar tables, bar stools, and unusual highlines.

The second trail development event will be out at Whitehorse Equestrian Campground (Cadomin) where there will be the continuation of searching out and restoring higher and drier riding trails.

There will be a second trip into the Panther area to continue in the trail remediation projects of the past years. This area was badly flooded in 2013. ATRA coordinated a major back country signage project in 2016 with approval from the Alberta Government. This year there will be some remediation on saddle trails and general clean up of flood debris.

ATRA members are encouraged to practise environmentally responsible camping where we take only pictures and leave only footprints. ATRA has Trail and Campground Etiquette guides. We also have a checklist of the skills that both the horse and rider need to be safe in back country trail riding situations.



Fergus

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## Classifieds

For these items, contact Cindy at 780-962-2690 or [chanas@finning.com](mailto:chanas@finning.com) to bring to a meeting or ride.

Ad Rates	#	Classified	1/4 Page	1/2 Page
Member	1	\$5	\$15	\$30
Member	3	\$12	\$34	\$63
Non-Member	1	\$10	\$20	\$40
Non-Member	3	\$24	\$45	\$84

**ATRA Coffee Mug \$15**

**ATRA Tush Cushions \$10**

**ATRA Trailer Decal \$10-30**

**ATRA Jacket \$65**



**Equine Center**

[www.paints-plus.com](http://www.paints-plus.com)

Lisa & Dave Harrison 780-237-7587

22441 Hwy 14, Sherwood Park, AB

5 minutes SE of Edmonton

**Riding Lessons:** English, Western, Jumping, Dressage

We have 36 experienced lesson horses or haul in your own. Our weekly group lesson program has groups for ages 5-7, ages 8-14 and 14-Adult. Lessons run year round as we have a heated indoor arena for when the weather isn't nice outside.

*Specializing in building a relationship between horse and rider for beginner to intermediate level recreational riders and riders competing in open and schooling level shows.*

**Equine Therapeutic Riding Lessons:** We offer activities with horses to promote human physical, mental and emotional well-being in disorders such as ADHD, anxiety, autism, cerebral palsy, depression, developmental delay, down syndrome, brain injuries, behavioral issues, abuse issues, PTSD.

Our weekly horsemanship based program will enjoy the recreational and therapeutic relationship and benefits for ages 8-adults with disabilities while teaching skills to improve mental and physical well-being. We have an experienced Occupational Therapist working with the instructors and volunteers.

**Day Camps:** for ages 5-16 during spring break and summer



## Upcoming Events Calendar

<b>DATE</b>	<b>LOCATION</b>	<b>DETAILS</b>
<b>Jan 13-15</b>	<b>35th Anniversary Alberta Horse Conference, Sherwood Park</b>	<b>Page 2</b>
<b>Jan 19</b>	<b>ATRA Annual General Meeting—clinic sign up 1st chance!</b>	<b>Page 1</b>
<b>Jan 28</b>	<b>Leather Workshop — ATRA Clinic in Tofield</b>	<b>Page 3</b>
<b>Feb 16</b>	<b>ATRA Meeting 7pm — Are you prepared for your trail ride?</b>	<b>Feb news</b>
<b>Feb 20</b>	<b>ATRA Hay Ride at Birch Bay Ranch 2pm</b>	<b>Page 1</b>
<b>Feb 25</b>	<b>Friends of the Eastern Slopes (FOESA) AGM in Innisfail</b>	
<b>March 16</b>	<b>ATRA Meeting 7pm</b>	
<b>Mar 24/26</b>	<b>Bombproofing/Liberty Clinic with Katelyn Carter- Sh Pk</b>	<b>Page 3</b>
<b>Apr 5</b>	<b>Greg Czech 4 week lesson series start in Thorsby</b>	<b>Page 4</b>
<b>Apr 9</b>	<b>Beginner &amp; Intermediate Jumping Clinic in Sherwood Park</b>	<b>Page 3</b>
<b>Apr 12</b>	<b>Katelyn Carter 4 week lesson series start in Sherwood Park</b>	<b>Page 3</b>
<b>April 20</b>	<b>ATRA Meeting 7pm</b>	
<b>Apr 21-23</b>	<b>Mane Event Horse Expo—Red Deer—booth volunteers needed</b>	
<b>Apr 22</b>	<b>Greg Czech Clinic in Sturgeon/Cardiff</b>	<b>Page 4</b>
<b>Apr 25</b>	<b>Greg Czech 4 week lesson series start in Sturgeon/Cardiff</b>	<b>Page 4</b>
<b>May 4/5</b>	<b>Lavern Schmidt Horsemanship/Trail Skills Clinic—Onoway</b>	<b>Page 4</b>
<b>May 6/7</b>	<b>Lavern Schmidt Horsemanship/Trail Skills Clinic—Onoway</b>	<b>Page 4</b>
<b>May 13</b>	<b>Cancer Ride</b>	
<b>May 19-21</b>	<b>Horse Creek Ranch May Long Weekend ride</b>	
<b>May 27</b>	<b>Parade Readiness Clinic</b>	<b>Page 5</b>
<b>June 7</b>	<b>Square Dance 3 week practice series start in Sherwood Park</b>	<b>Page 5</b>
<b>June 15-18</b>	<b>MSW ranch ride and campout</b>	
<b>June 24/25</b>	<b>Obstacle clinics at Courier Park</b>	<b>Page 5</b>
<b>June TBA</b>	<b>Hummingbird trail maintenance ride</b>	
<b>July 16-21</b>	<b>Cadomin — East Drummond Creek Trail Relocation</b>	
<b>Jul 21</b>	<b>K Days - participate in parade</b>	
<b>July TBA</b>	<b>Panther wilderness trail development ride</b>	
<b>Aug 5-13</b>	<b>Ya Ha Tinda Mountain Trail Ride</b>	
<b>Aug 12</b>	<b>FOESA Poker Rally at Ya Ha - volunteers &amp; riders needed</b>	
<b>Aug 18-21</b>	<b>Ride with Kateri Cowley - details TBD</b>	
<b>Aug 20-27</b>	<b>Kananaskis Messa Butte</b>	
<b>Sept 1-4</b>	<b>Drayton Valley ride and campout</b>	

If you have an event we should know about, call Lisa @ 780 237-7587 or [lisa\\_f@mailcan.com](mailto:lisa_f@mailcan.com)

For insurance purposes, each member joining our rides/clinics is required to hold a current **AB Equestrian Federation** membership. Renewal forms are available: [www.albertaequestrian.com](http://www.albertaequestrian.com)

All riders ride at your own risk. We recommend helmet use for all riders & **STRONGLY** encourage it for those under 18 during ATRA events. For the safety of all members, ATRA's policy on riding with dogs is: On single day rides or weekend rides with a large group, no dogs are permitted. On longer overnight trips, dogs may be permitted if all riders in your group are in agreement.