



ATRA ON THE TRAIL

March 2018 Newsletter

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ATRA was established in 1973 for people interested in recreational riding & driving.

2018 Club Executive

President: Maggie Portas
Vice-Pres: Alexys Mishak
Secretary: Allison Downer
Treasurer: Cindy Hanas
Membership: Cindy Hanas
Casino: Shirley McFall
Newsletter: Lisa Harrison
Webmaster: Alexys Mishak
Directors: Marjorie Phillips, Tracy Campbell, Murray Few, Doug King, Cam Stevenson, Rita Power, Sharon Breitkreuz
 Contact to run an advertisement or send an article to be considered:
lisa_f@mailcan.com 780-237-7587

ATRA is a non-profit family oriented organization that encompasses a variety of equestrian activities that promote safe horsemanship, ongoing education and responsible use, maintenance and development of trails.

March 15 meeting guest speaker is Julianne Cumming who will be sharing her experiences and pictures of droving cattle from low land pasture to the high country in Australia. "My family had done this for 3 generations to the Victorian Alps, or if you will, "Man From Snowy River Country". We had a 35,000acre lease, built our hut above the snow line, and each year in early December we would gather the cows and calves at the front gate and then spend 5 days on horse back riding the stock trails and droving our cattle to the High Country." Julianne also owns Jac's Journeys through which she has organized agricultural, Reiki and specialized group tours.



ATRA meets at 7pm the 3rd Thursday of the month Jan-Apr & Sept-Nov upstairs at Kirk United Centre, 13535-122 Avenue, Edmonton.

Visitors are welcome at any meeting. Website: www.atra.ca

Membership for the calendar year is \$20 single, \$35 family.

Riding members must have current ATRA and AEF memberships.

Upcoming Events

ATRA Trail Ride: Blackfoot Waskahegan Sunday, March 18. Ride out at 11am, don't be late. Access staging area from RR 210 north of Wye Road or south of Hwy 16. Bring a lunch as we will stop half way out on the trail. Please note this is a walking ride with no dogs allowed and no one is in charge of guiding. This is just a way for members to meet up with one another to trail ride.

Mane Event Expo 2018 is April 27-29 in Red Deer. Website: maneeventexpo.com

The Board is coordinating this major promotional event differently this year by offering to pay 1-4 ATRA members with clinic credits or cash to set up and attend the booth. We need someone to pick up from the ATRA trailer and set up the display items on Thursday (must be set up by a specified time in the evening, usually 8 pm, set up takes about 2 hours) for \$150. It would be preferable if the same person takes down on Sunday as well. We need someone to attend the booth, answer questions and promote ATRA and recreational riding from open until close on Friday and/or Saturday (time is set by the organizers) for \$200 each/day. We need someone to attend and take down the booth and return the items to our storage trailer on Sunday for \$200. A substitute will be organized to provide you with a break. Day passes are included. Transportation, accommodation and food is your responsibility. The Board will make the final decision at the April 2 board meeting on who 'mans' the booth based on the person being an engaged ATRA member who has ridden in a variety of areas and endorses our message of safety/stewardship/mission statement and can 'schmooze' knowledgeably and comfortably with the public. Interested people need to contact Maggie 780-464-0986, maggie.portas@icloud.com by March 31.

Saturday May 12, 40th Annual 'Trail Ride Against Cancer' at Able Ranch, north of Bon Accord. The ride will be a slow pleasure ride of approximately 3-4 hours, **Join in with other riders or head out on your own** through multi-use, natural lands. Riders may arrive on Friday, May 11th and camp overnight in Bruno Neuville's pasture. Start collecting your donations for the Canadian Cancer Society – using the pledge sheet and/or on-line. Prizes will be awarded to the top collectors. A minimum donation of \$50/adult rider (15+) and \$25 for youth rider (14-) is required. After the ride join us for a BBQ (Burgers/Hot Dogs) **at no cost**. For your comfort, bring a chair. Please go to www.atra.ca to download/print your rider package, copies on hand at our general meetings or do feel free to photocopy someone else's forms. The Cancer Ride Committee can always use extra help. For more info or to volunteer, please contact Allison 780-910-4639 or al-carter@telusplanet.net. If you can't make the ride, mail in your pledges or make a donation to someone who is planning to ride. **Non riders may also use the pledge sheet to collect donations and come out to enjoy the day.** We hope to see you there. Don't forget to pack a lunch!

Overnight Camping Rides 2018

What to Bring for your Horse for overnight rides: saddle, cinch, saddle bags, breastplate and crouper, 2 saddle pads, grooming kit, horse first aid supplies, halters & long lead shanks, high line rope, rain sheet/blanket (it gets cold at night & horses can't move much to keep warm), feed tub, water bucket, helmet (optional, but ATRA recommends), horse fly spray, sponge, scraper and small bucket, manure tubs and forks or shovels to take manure to pit, hobbles (optional for lunch grazing only), easy boot (in case you lose a shoe – note most horses need a size bigger than shoe size), tag with phone # on halter (in case you lose your horse)

What to Bring for you for overnight rides (suggestions): personal clothing and toiletries, TP, bug spray, first aid kit, medicine, binoculars, camera, batteries, rain gear, winter jacket, chair, flashlight, garbage bags to haul out garbage, multi-tool, bell or whistle, bear spray, duct tape, compass or GPS, folding saw, pocket knife, axe, sewing kit, tarp, cooking supplies and food and drinks, lunch kit, generator. Medical information card that has name, next of kin & phone # & relationship to, location of truck/trailer keys, AHC#, medications, allergies, medical conditions or any health concerns (ATRA has these so ask trail ride organizer on the day you arrive)

These trips are for ATRA members, with their own horse, trailer & camping accommodations. Horses and riders should have trail riding experience and be fit enough for 4-8 hour day rides. We recommend all horses have 4 shoes prior to coming to mountains, as there is lots of rock on many of the trails. Non-mountain rides (Cypress Hills and weekend rides) shoes not required. If you are using boots instead, make sure you fit and practice with them ahead. Make sure your horse can handle saddle bags, rain slickers, creeks, mud, bogs, dogs and wildlife. Also make sure your truck has enough power and trailer has working brakes for the steep hills. Trails in these areas range from easy flat valley rides to high steep mountainous areas. There are many beautiful trails, some hard to find and not well marked, so if you haven't been there before, this is a great opportunity to come with the group, who can show you the trails. We tend to split up and ride out in various smaller groups to different destinations. Unless noted, there is no limit on number of members that can attend. We do ask that you **REGISTER** with contact or sign up at a spring meeting so we know you are coming and can send additional information on group activities, meals travel and directions to destinations. The ATRA banner will be displayed at our campsite. Unless noted, most campgrounds are free and have no water, RV hook-ups or power. There is no cell phone service at any campgrounds. BYO cubes preferably, as hay can introduce weeds to the area. At free campgrounds, facilities include outhouses (BYO TP), high-line poles (BYO rope). You can tie or panel beside your trailer. No electric fences or grazing.

May Long Weekend Camping Trip to Wierenga Pastures, Fort Assiniboine May 18 – 21.

Henry and Marg Wierenga welcome ATRA to their Pastures for our Annual May Long Group Camp and Ride. Facility offers: Water for horses, pumped from fresh water creek on premise to large holding tank. NO POWER or HORSE PENS so you'll need to bring panels or electric fencing or high line rope for high lining between trees or trailers. Another option is to trailer tie. There are three outhouses, fire pit spots, a large gazebo that has an open fire pit in center and drop down sides for the chilly weather. Also available for rent is a couple of cabins/trailers – Reservations will need to be confirmed promptly. Cost is \$30/person for the weekend. Deadline for Registration and Payment is April General Meeting. Directions will be emailed to those signed up. For more details: Allison Downer 780-910-4639 or alcarter@telusplanet.net

MSW Farms Camping Trail Ride June 8-10. Located on the Battle River near Ponoka. Deposit required by April 19. Cost is \$10/person/night +\$10/horse/night. 3 person cabins are \$65/night or \$150/3 nights. Sheilassharko57@gmail.com 780-686-2534. From Ponoka: 5 miles W on 53, 5 miles N on 795 and 1.5 miles W on 435. From Meniak overpass/ Hwy 2: North 4 miles, West on 265 0.75 miles. mswfarms.com



Overnight Camping Rides 2018 continued

June 25-July 2 Hummingbird Maintenance Mountain Camping.

The equestrian campground is 100km SW of Rocky Mountain House. Take Hwy 752 (60km, 40 paved/20 gravel), south west of Rocky to the Forestry Trunk Road 734, turn right (west) at that T-intersection (41km to camp). After crossing the South Ram River-steep hill, the road turns west for a mile or so then goes north. Look for the Hummingbird sign on the west side. Turn left and follow the road to the staging area. Continue on the road past the information signs in the first parking lot (day use area). The road climbs a short hill then makes a sharp u turn across a small creek then continues west. The equestrian loop camping area has a sign and an entrance, on the left (south). Group will do day rides most days and likely one campground cleanup day. Please plan to help with picking up garbage and clearing trails if you come on this trip. ATRA has adopted the Allenby trail for cleanup and unless the road washes out or fires keep us away, we will go, rain or shine. Fuel costs may be partially reimbursed to those that submit receipts to Shirley by the September meeting. A creek crossing is required to access trails. Contact: Candace 780-990-4076 askim1102@gmail.com



July 16-21 East Drummond Creek Trail Relocation at Whitehorse Creek Campground

60km South of Hinton. 4km West of Hinton turn South on Hwy 40 for ~50km. Turn right at T and its 5km past Cadomin. All the equestrian sites are reserved so you must sign up with Ken to get a site. They cost \$11/night + \$2/horse/night. Sites have tie stalls or box stalls (not covered so bring rain sheets or tarps/bungies) and bring manure forks and muck buckets. Outhouses and firewood are provided, no hookups. The group will be clearing the overgrown Drummond Creek trail. Ken will use the trail clearing criteria to choose crew from the sign up list based on required skills. Members not involved in the trail clearing are invited to come, ride the area and socialize around the campfire if extra campsites are available. Those volunteering may be partially reimbursed for fuel costs if they submit receipts to Shirley by the September meeting. Doug 780-916-7474 king519@telus.net



July 22-29 Cypress Hills Saskatchewan West Block Campground West Block is 50 km SW of Maple Creek via Hwy 271. About 7 hours from Edmonton. This first come-basis campground has horse corrals so we will call the day before we plan to leave to make sure there is space. Cubes/pellets only permitted (no hay!). This area offers wide open spaces with lush coulees, forests of lodgepole pine and white spruce and spectacular vistas with panoramic views. This area is remote with no cellular service or power, but does provide firewood, drinking water and picnic tables. Camping fees are \$20/night/site including horses. The trails have cobblestone so horses must have good feet if not shod. Contact Lisa 780-237-7587 lisa_f@mailcan.com

Aug 3-12 Yaha Tinda Eagle Creek Campground — 85km SW of Sundre. Directions: 10km west of Sundre turn left/south on Coal Camp Rd, after 50km (25 km paved/25 km gravel) turn left at T-intersection Hwy 734, stay on the north side of the river (do not cross blue bridge, go past no exit sign at bridge, but do not take the 2nd no exit sign to the right) it's 25 km to the Eagle Creek Campground, look for campground sign on your left, YMCA will be on right. FOESA Poker Ride is Aug 18. Contact Allison: alcarter@telusplanet.net 780-910-4639

Aug 19-26 Little Elbow, Kananaskis Campground From Bragg Creek take Hwy 66 west ~35km to end. There is 45 sites and 60 covered tie stalls with water pump/manure bin by stalls. Bring 2-3 bags of shavings/horse and fork to clean stalls. Cost is \$33/night per site including 2 horses, \$7/night/additional horse. You can reserve in the one loop but we have usually gone in the other loop as the sites are nicer and not usually busy with Sunday arrival. Shoes required. No power or cell service. Contact: Lisa at lisa_f@mailcan.com or 780-237-7587



Aug 30-Sept 3 (Long Weekend) Drayton Valley Riverside Trails. Come ride along the Pembina River. No shoes required. Great training area with Bridges and river crossing. Trail loops vary from 2 hours to 8 hour loops. Camping at a first come basis. Some sites have tie stall, box stalls or hitching rails. Contact Cindy at 587-986-1535 or dich@telus.net

Sept 7-14 Panther Wilderness Trail Development Ride. The Staging Area for the trip is the Panther Public Land Recreation Area 80km SW of Sundre on Coal Camp Road and West of the Mountaineer Lodge. The group is planning to go 10 miles into Panther Corners with wagons and on horseback, setup a base camp then complete the balance of the re-establishment of the Dormer Ridge Trail, do an Assessment of what should be done to the Dormer River Trail from the Panther River to the Banff Park Boundary, possibly complete the clearing of that trail, clear deadfall/overgrowth from trails in and around Panther Corners, and do some riding/exploring. The trail clearing criteria will be used to choose crew from sign up list based on required skills. Casino funds cannot be used for food so there will be a cost for groceries. Volunteers may be partially reimbursed for fuel costs if they submit receipts to Shirley by the Sept meeting. If you are interested in this work trip contact Doug King 780-916-7474 or king519@telus.net.

Sept 28-30 Riverwood Ranch Obstacles, Trail Ride and Cattle Drive www.riverwoodranch.ca

Friday: plan to arrive by noon, set up, then play in extensive obstacle course, cost \$25/horse.

Saturday: Trail ride, minimum two hours, guided can cater to easy for green horses to difficult and longer for seasoned horses and riders. 3,000 acres to ride with Pembina river running through! Guided ride, if over 15 people, then \$100 for wrangler to lead ride to be split up amongst group. Guided in order for insurance to cover riders & horses to be on their property.

Sunday: Cattle drive, starts at 10am, lunch & dinner provided, all day ride, moving several groups of cows, with farm wranglers. We need over 15, in group to get reduction in trail ride fee. \$175 for cattle drive or \$220 if you ride one of their horses. Want folks to let them know well in advance so they can match up horses and riders.

Camping is free for big enough group. Free firewood & water for horses, 8 standing pens for horses provided, 1st come 1st serve basis. You can also use your own panels, electric fence, or hi-line. You are welcome to stay Sunday night and go home Monday, so you can enjoy the campfire. If you need accommodations, they have 1 cabin with a double bed for \$60/night. 1 outfitter tent with stove \$50/night. Sleeps 5-6, BYO cots. Sheila ssharko57@gmail.com or 780-686-2534 to sign up by Apr 19, deposit will be required.



Clinics

Small Engine Repair Clinic with Wyes Guys on Sunday March 4, 9am-2pm at Ken Komm's barn (NW corner of Wye Rd on RR 223—52410). They will bring a demo carburetor. Bring your own tools as well as anything you want to take apart. Bring your own lunch. Cost \$30. Max 12 (currently 4 spots left so registration open until full) Doug 916-7474 or king519@telus.net

Learn how to tear down, install a kit and reassemble a carburetor and tune up your favorite chainsaw or blower. The course is designed to teach the basics primarily for chainsaws of standard maintenance, trouble shooting and hand sharpening of chains. Standard maintenance and trouble shooting for blowers and string trimmers will also be covered. Ron will also have demo carburetors and will reveal the secrets of tear down, carburetor kit installation and reassembly. Ron's Husqvarna Representative may also be in attendance to lend a hand.

Ron Verdonk, Owner of Wyes Guys Lawn Mowers and Power Equipment. Family owned and operated in Ardrossan since 1996. They offer licenced mechanics to provide prompt and professional repairs for all types of power equipment including ATV's and Snowmobiles in Sh Park & Ardrossan

Mountain Readiness Clinic: How to Prepare Horses and Groceries for a Pack or Camping Trip with Sharon & Wally Breitkreuz and Lucille & Duane Landals Sunday, Apr 15, 1-4pm, with a weiner roast after at the Breitkreuz's: 18025-66 St Edmonton (NE). Exit 43 off Anthony Henday, south to private entrance on East 66 St. Address on sign on fence with red ribbon. Please bring a snack to share. No horse required as we will have a couple horses to practice putting packs on. Cost is \$30/member. Max 20 (13 spots left currently). Register by Mar 15. 780-237-7587 lisa_f@mailcan.com

Parade Readiness Clinic & Costume Allocation on Saturday May 5 at 1pm at Lawrence's outdoor arena (Sunday May 6 is the rain out date). Proposed parades: Ardrossan Saturday June 16, Morinville Saturday June 23, Sherwood Park Sunday July 1, Edmonton K Days July 20 or 21 (undecided). If anyone has any other suggestions please let Vicki know. Contact: Vicki 780-922-2227 vickilawrence@interbaun.com to register as form is not required as no cost. Reg deadline April 1.

Obstacles & Mountain Readiness Weekend Clinic June 22-24 at Scott Phillips Ranch Hwy 54/RR 40, (36171 – RR 40) about 8km West of Spruce view, ~30km East of Rocky MH. Arrive Friday evening by 7pm and spend the weekend camping in Spruce View. This is on the way to Hummingbird for anyone planning on going to that ATRA trip June 24. Cost is \$160/rider (10 max) includes camping and pen, but no food. Registration deadline is April 19 (currently 3 spots left). Info: www.amazinghorsecountry.com or contact Marjorie: maphill@telus.net or 780-919-6035

Biomechanics, Anatomy, Saddle Fit & Stretching Exercises Clinic with Certified Equine Therapist Jody Shultze on Saturday, Oct 20, 2018 at her place, near Thorsby. We will use her horses for the demos and exercises. Cost \$75, max 15, register by Sept 20 (currently 8 spots left) Marjorie: maphill@telus.net or 780-919-6035 or www.brokenspureequinetherapy.com



4 Week Horsemanship Spring Tune Up Series

We have 5 lesson series in different locations with 4 clinicians in April and May. These are designed for our members to get their horses in shape for the riding season. All breeds/disciplines welcome. Maximum 8 riders. Prices below are for the 4 lessons. Contact names/numbers/emails are below if you have questions. Contact Cindy to find out if space left and to register for all clinics.

SHERWOOD PARK — with Katelyn Carter at Paints-Plus (22441 Hwy 14) Wednesdays 10am-12pm April 4, 11, 18, 25. Cost is \$210. Registration deadline is March 1 (currently 3 spots left). Contact Lisa for more info at 780-237-7587 or lisa_f@mailcan.com

LEDUC/BEAUMONT—with Dustin Grams at his arena. 23524B Hwy 623, Leduc County. Wednesdays 1-3 or 7-9pm (2 groups), May 2, 9, 16 & 23. Cost \$120. Reg deadline April 1. (currently 1 spot left evenings, daytime full). 780-237-7587 lisa_f@mailcan.com

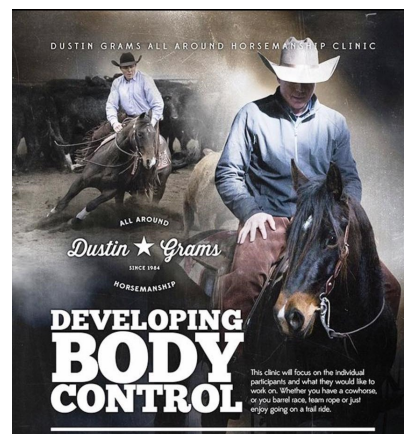
Dustin has trained performance horses in various disciplines such as barrel racing, team penning and two man sorting since 1984. A big part of Dustin's business has been riding cutting horse prospects. He also teaches lessons and clinics for different disciplines.

ONOWAY — with Lavern Schmidt Tuesdays 7-9pm May 1, 8, 15, 22 at Sunwest Equine. Directions: www.sunwestequine.com or 780-967-5555 Cost: \$140. Registration deadline April 1. (currently 6 spots left) Contact Lisa at 780-237-7587 or lisa_f@mailcan.com.

Lavern has been training horses & coaching students for over 40 years. He is an Equine Canada Level 2 Western Coach. He and his students have competed successfully from Local to International Levels in Trail, Reining, Western Pleasure, Reined Cow Horse. He judges all disciplines. Lavern has served on the board of a number of Equestrian organizations over the years and is currently the Circuit Director of the North Country Circuit & President of the All-Breed Competitive Trail Horse Activities.

MORINVILLE — with Greg Czech 6-9pm Tuesday April 24 and Wednesdays May 2, 9 & 16 at Sturgeon Agriplex Indoor Arena, 2501-Twp Rd 554 (South of Morinville at Cardiff), Cost: \$150. March 15 deadline (1 spot left). Sharon 780-472-6212 rafterbk@telus.net

CALMAR — with Greg Czech 7-9pm Wednesdays April 4, 11, 18, 25 at Raindancer Equestrian 26353 - TWP 494—from Hwy 60/Hwy 39 go 1 mile South to TWP 494, turn right, 1st farm on the left/south. Big white gate with horses/carriage on it. Cost: \$120. Reg deadline March 1 (currently 1 spot left). Cindy 587-986-1535 or dich@telus.net



Clinics

April 20-22 GPS/Mapping Courses at South Cooking Lake Seniors Center

Directions: 102, 22106 South Cooking Lake Road, SE of Edmonton, North of Hwy 14 on RR 221. Max 10 members for each clinic. Registration deadline March 15. (Currently 10 spots Friday and 6 spots Sat/Sun) Friday \$85, Sat/Sun \$160

COURSE INSTRUCTOR: Dugald Dunlop, B.Sc. After spending 10 years in the mineral exploration industry Dugald has spent the last 24 years applying his training and experience to computer mapping in a broad range of Recreational, Tourism, Forestry, Fish & Wildlife and Natural Resource based applications. He has been using GPS since 1994 and is Resource Inventory Committee certified as a GPS Data Processor/Project Manager. Dugald is currently a partner in the Vernon and Nanaimo B.C. based mapping company Meridian Mapping. The Company offer services in GPS Training, GPS Surveys, Terrain Mapping/Modeling, GIS Projects, Data Mgmt and more.

As a Prerequisite to the Clinics you should have taken the MEC GPS & Map/Compass Free Classes (GPS Units Supplied). A limited number of GPS units will be available for use in this course so owning a GPS unit would helpful but please do not buy a unit for this course. Please contact Doug King at (780) 916-7474 (leave a voice mail if no answer) or king519@telus.net

Participants should bring their own GPS, manual, spare batteries, compass. For both clinics bring clothing and footwear to spend 2-3 hours in the field. Bring notepaper, highlighter, pens and a bag lunch. 2 Day Clinic Bring your laptop and cable to connect your GPS if you have one.

Friday-1 Day "Using Your Handheld GPS" - & Map Reading/Navigation": The course is designed to teach GPS basics in terrestrial applications, enabling users to get the most from their unit. The agenda will include basic theory and terminology of the GPS system, and an intro to mapping concepts such as scale, projections, and coordinate systems along with basic compass navigation. Theory will also include GPS field techniques, a review of accuracy expectations and limitations. The agenda will include field exercises to practice GPS techniques. The day will conclude in the classroom with a comparison of the features /capabilities of various brands and models and a demo of available software and data that provide added functionality.

Saturday & Sunday-2Day "Using Your Handheld GPS - & OziExplorer GPS Software/ Garman Software/Waypoint & Track Mgmt/Navigation": The GPS portion of this clinic will cover all of the topics of the one day clinic and expand on them. The mapping portion will primarily be focused on the OziExplorer Software for mapping purposes, however other Software will be covered such as Garman's Map Source, PDF/Avenza Maps App. If time permits, how to use Google Earth with respect to waypoints/tracks will also be included.

As a Prerequisite you should have taken both of the MEC GPS and Map/Compass Free Classes (They supply GPS Units), taken the ATRA Friday Clinic the day Prior or be comfortable using a GPS and Navigating by Map. Owning a GPS unit would help you get the most out of this course but please do not buy a unit for this course. Doug King (780) 916-7474 king519@telus.net

The Mountain Equipment Coop has a free GPS/Mapreading intro course Saturday, March 17 from 1-4pm for ATRA members. Please let Doug know (780) 916-7474 king519@telus.net by March 15 if you plan to attend so he can let them know how many members to expect. New location: 11904 104 Ave (780) 488-6614 www.mec.ca



June 12-13, 2018 Tuesday/Wednesday Wilderness Survival Clinic with Bruce Zalwalsky

DAY 1: 8am to 5pm-Boreal Wilderness Institute - #202 7205 Roper Rd, Edmonton.

DAY 2: 9:30am to 3:30pm -Boreal Forest location TBA - within 1 1/2 hours of Edmonton.

\$120, max 14 (currently 12 spots left). Registration deadline May 12. Bring a lunch, pen and note pad both days. All other material is supplied. Carpooling for day 2 will be arranged day 1. For more info: Doug King (780) 916-7474 king519@telus.net

Day 1 - Survival Core Seminar (SCS) is a Realistic Well-Researched Introduction to Modern Wilderness Survival.

Providing the info you need to live comfortably in the Canadian Wilderness in any season. This highly practical survival seminar is for anyone working or travelling in the wilderness. This Course is the basis of the Boreal Wilderness Institute's Wilderness Survival Programme. It is world class training that provides the knowledge and confidence you need .

Practical survival techniques are emphasized along with how to mentally prepare yourself for surviving in the wilderness.

Topics Include; Introduction to Survival, Survival Physiology & Psychology, Clothing & Sleeping Bags, Fire Lighting, Shelter Building, Emergency Signals, Critical Survival Items, Preparing to Survive, & Learning from Others.

Each Participant Receives a copy of Bruce's survival book.

Day 2 - Summer Field Session (SFS) takes you beyond the classroom and into the Boreal Forest. The SFS gives you the chance to practice summer survival skills in relaxed hands-on learning atmosphere. This gives you the chance to practice the wilderness survival skills discussed in the SCS. On this course you will learn the survival techniques necessary to live comfortably in the summer forests of Canada. During the Summer Field Session Fire Lighting practice will be covered and the emphasis will be on **Lighting Fire with Natural Tinder and a Striker**. Numerous skills and survival techniques will be taught. Participants will learn how to build a Cooking Fire, Stick Burners for Cooking and a Summer Survival Shelter.

Bruce's expertise at Teaching Professional Instructor-Led Field Safety Training in Wilderness Survival, Navigation, Wildlife & Bear Awareness Ensures the Best Available Training in Canada. He has over 22 Years experience working as a **Professional Wilderness Survival Instructor**. Bruce guided his first Backpacking Group in the Mountains in 1981. Since then he has developed his skills in leading groups and team building at the University of Alberta, Augustana University College, PADI College, the Nordic Ski Institute, and through over 30 Years of Military Experience. He is a Lifelong Outdoor Enthusiast, completing a 90 day 3600km canoe trip as the highlight of his Outdoor Education training at the U of A. He is the author of **Canadian Wilderness Survival**.





Clinics

ATRA 2018 Clinic Registration Form

To register, send payment /form to Cindy Hanas, 25 Linden Street South, Spruce Grove, AB, T7X 2G6

Or email form information below and payment by e-transfer to ***abtrailriding@gmail.com***.

Please make your security question is: the Club Name Abbreviated (ATRA)

Clinic spots are 1st come, 1st served until filled., based on payment received and current ATRA/AEF memberships. To see if there is space before mailing cheque or sending e-transfer, please call/email Cindy. dich@telus.net or 587-986-1535

Name of Clinic: _____

Location of Clinic: _____

Date of Clinic: _____ Registration Fee: _____

Name of Participant: _____ AEF # _____

Address: _____

Email: _____ Phone: _____

Your registration is not confirmed until your payment has cleared and both AEF and ATRA membership have been verified. AEF not required for non-riding clinics. No post-date cheques or spots held without full payment. No refunds after registration deadline unless a vacancy can be filled. We appreciate horses attending are healthy and up to date worming, shots and farrier. Please withdraw if your horse is sick or has been in contact with sick horses within 3 weeks prior to clinic. Waivers are required at most facilities.

**spectators are allowed to attend any of the riding clinics at no charge*

**no food is provided at any of these clinics unless specified so bring your own lunch*

***unless otherwise noted, any clinic not 80% filled by deadline will be cancelled.*

Past Events

Family Day Monday about 40 people enjoyed the horse drawn hay ride and fire and hot chocolate, marshmallows and snacks at Birch Bay Ranch.



February 15 Meeting and Potluck Social and Trail Ride Sharing. We had a great turnout and the food selection was awesome, photos of rides stimulating and meeting new folks even more fun. We introduced and welcomed 10 new members, some from quite a distance. A short presentation was made on pre-ride trailer preparedness and tips for the road. The small group leaders for the upcoming rides answered lots of questions about how to start horse camping, who to go with, am I ready, is my horse ready, what happens and what if's. We encouraged all members who are new to back country horse camping to ask more questions of ATRA members and start their planning now. The ATRA board will have copies of many of our helpful articles on getting ready at the next general meeting. Thanks all for coming. Report from Shirley McFall.

Feb 4 we had a wonderful group out for the Sandra Sanche Gaited Horse Clinic that included a variety of horses. (Missouri Fox Trotter, Tennessee Walker, Peruvian Paso, Rocky Mountain.) Lots of laughs and learning took place as participants worked on strengthening gaits and exercises preparing for the oncoming trail season. It was a sight to see all of the horses moving well in their natural way of going, and everyone stayed warm despite the cold February weather.

ATRA wants to again **thank those who helped** out at the **Casino** in October. We have received our quarterly averaged table income of \$78,641 which will be divided over 2 years. The finance committee will develop a budget to propose to the board to support our annual Strategic Plan. We have priorities based on our original application for a casino. These consist of trail development, education, cancer ride and promotion of the benefits of recreational equine activities.

Classifieds

For these items, contact Cindy at 780-962-2690 or dich@telus.net to bring to a meeting or ride.

Ad Rates	#	Classified	1/4 Page	1/2 Page
Member	1	\$5	\$15	\$30
Member	3	\$12	\$34	\$63
Non-Member	1	\$10	\$20	\$40
Non-Member	3	\$24	\$45	\$84

ATRA Coffee Mug \$15

ATRA Tush Cushions \$10

ATRA Trailer Decal \$10-30

ATRA Jacket \$65



Upcoming Events Calendar

<i>DATE</i>	<i>LOCATION</i>	<i>DETAILS</i>
<i>March 4</i>	<i>ATRA Small Engine Repair Clinic at the Komm's barn</i>	<i>Page 6</i>
<i>March 15</i>	<i>ATRA General Meeting—Horseback Riding Vacations</i>	<i>Page 1</i>
<i>March 17</i>	<i>ATRA Trail Ride: Blackfoot Waskahegan</i>	<i>Page 2</i>
<i>April 15</i>	<i>Mountain Readiness Clinic at the Breitreuz's</i>	<i>Page 6</i>
<i>April 19</i>	<i>ATRA General Meeting: GPS: Why, How and Where to Use</i>	<i>Page 8</i>
<i>April 20-22</i>	<i>GPS/Mapping Clinics</i>	<i>Page 8</i>
<i>April 27-29</i>	<i>Mane Event in Red Deer: ATRA booth in trade fair</i>	<i>Page 2</i>
<i>May 5</i>	<i>Parade Readiness Clinic at the Lawrence's</i>	<i>Page 6</i>
<i>May 12</i>	<i>Cancer Ride at Able Ranch, north of Bon Accord</i>	<i>Page 2</i>
<i>May 18-21</i>	<i>ATRA Fort Assinaboine Sandhills (Wierenga Pastures)</i>	<i>Page 3</i>
<i>June 12/13</i>	<i>Wilderness Survival Clinic with Bruce Zalwalsky</i>	<i>Page 9</i>
<i>June 8-10</i>	<i>MSW Farms Camping and Trail Ride—near Ponoka</i>	<i>Page 3</i>
<i>June 22-24</i>	<i>Scott Phillips Obstacles & Mountain Readiness Clinic</i>	<i>Page 6</i>
<i>Jun 25-Jul 2</i>	<i>Hummingbird Mountain Camping Trip & Maintenance</i>	<i>Page 4</i>
<i>July 16-21</i>	<i>Cadomin Drummond Creek Trail Maintenance</i>	<i>Page 4</i>
<i>July 22-29</i>	<i>Cypress Hills Camping Trip</i>	<i>Page 4</i>
<i>Aug 3-12</i>	<i>Yaha Tinda Mountain Camping Trip</i>	<i>Page 4</i>
<i>Aug 19-26</i>	<i>Kananaskis Mountain Camping Trip: Little Elbow</i>	<i>Page 5</i>
<i>Aug 30-Sep 3</i>	<i>Drayton Valley Riverside Trails Camping Trip</i>	<i>Page 5</i>
<i>Sept 7-14</i>	<i>Panther Pack Trip</i>	<i>Page 5</i>
<i>Sept 23</i>	<i>STARS Trail Ride at Ministik Bird Sanctuary</i>	
<i>Sept 28-30</i>	<i>Riverwood Ranch Cattle Drive and Trail Rides, Evansburg</i>	<i>Page 5</i>
<i>Oct 20</i>	<i>Biomechanics, Anatomy, Saddle Fit & Stretching Clinic</i>	<i>Page 6</i>

If you have an event we should know about, call Lisa @ 780 237-7587 or lisa_f@mailcan.com

For insurance purposes, each member joining our rides/clinics is required to hold a current **AB Equestrian Federation** membership. Renewal forms are available: www.albertaequestrian.com

All riders ride at your own risk. We recommend helmet use for all riders & **STRONGLY** encourage it for those under 18 during ATRA events. For the safety of all members, ATRA's policy on riding with dogs is: On single day rides or weekend rides with a large group, no dogs are permitted. On longer overnight trips, dogs may be permitted if all riders in your group are in agreement.